

ARKUSZ 1

Zadanie 1.

Tekst 1.

Host: Starting a new job is a big step. How do you prepare, and how can you make a strong first impression? I'm joined today by HR consultant James Patel. Welcome!

Guest: Thanks, it's great to be here.

Host: Why is the first day of a new job so important?

Guest: The first day isn't just about learning the rules or meeting your manager; it's your chance to show you're ready to be part of the team.

Host: OK. What are some practical things people should do before their first day?

Guest: Well, definitely plan your journey because you don't want to be late. Also, decide what you'll wear the night before. Even if you're not sure about the dress code, it's better to be slightly overdressed on day one.

Host: Okay, so you've arrived on time, you look the part – what next?

Guest: Be yourself, but also be open. Smile, introduce yourself, and be curious. Listen carefully and take notes. You'll be getting a lot of new information.

Host: Now, when it comes to socialising – if someone invites you for lunch, is it okay to say no if you're nervous?

Guest: Say yes! Lunch is a great way to get to know people in a more relaxed setting. It's about building early connections – even just chatting over coffee can help you feel part of the group.

Host: Any advice for reading the company culture quickly?

Guest: Yes – watch and listen. Notice how people communicate. Are meetings relaxed or structured? Do people eat at their desks or go out? These small things can tell you a lot.

Host: And finally, how should you end your first day?

Guest: Politely and positively. Thank people who helped you, check in with your manager, and leave on a friendly note.

Host: Fantastic advice, James. Thank you for sharing your experience with our listeners.

Guest: My pleasure.

Tekst 2.

Underneath the town of Derinkuyu in central Turkey there is something incredible – a huge underground city. It was uncovered in 1963 by a local man who was remodelling his home. He knocked down a wall and discovered a dark passageway. That tunnel turned out to be an entrance leading to a network that stretches 85 meters underground. What he found was a city of 18 levels with stables, kitchens, wells, churches, schools, and homes, where up to 20,000 people once lived.

The unknown builders carved this underground world out of the soft volcanic rock in the Cappadocia region and created an amazing system of air shafts, water tanks, and tunnels. Huge round stone doors could be rolled into place to seal passageways from inside. Each level could be closed off, and even the water system was designed to prevent enemies from poisoning it.

No one knows who built it. Many people think the Phrygians started it around 2,800 years ago, and then later it was made bigger during the Byzantine era as a safe place for Christians. Another idea is that it dates back to the Hittites, possibly built during an ancient climate disaster. Then there are more unusual theories – even ones that include aliens!

Derinkuyu isn't the only underground city in Turkey. Over 200 others have been found in Cappadocia, and some may be connected to each other by tunnels. In 2015, another large one was discovered under a hilltop castle in Nevşehir, possibly even larger than Derinkuyu. Today, visitors can explore the top 8 levels of Derinkuyu. It's a UNESCO World Heritage Site and a popular tourist attraction. But with so many tunnels and stairs, it's not suitable for everyone – especially those who dislike enclosed areas. Visitors can explore with a guide to learn about its fascinating history as there isn't much signage.

A lost city under a house? Sometimes, history is hidden just beneath our feet!

Zadanie 2.

One

I had an appointment at this salon, but when I arrived, it seemed like they had completely forgotten. Still, they agreed to fit me in. The stylist was dealing with multiple clients at once, and after nearly three hours, my hair colour was not what I wanted. She told me to come back the next day and she would fix it for free, but when I called to confirm the time, I was told I'd have to wait nearly a week! Unbelievable!

Two

I got the email saying my parcel had been delivered, but nothing had come to my house. I clicked on the proof of delivery photo and it showed somebody else's entrance. Clearly my parcel had been delivered to the wrong address. I asked my neighbours up and down the street but no one knew anything about it. Now I am in the awkward position of having to prove that I didn't receive it.

Three

I hired a local father-and-son landscaping company to do my garden, and they did a marvellous job for years. Then, when the father retired, the son took on another person to help. One day, that person came to work on my garden. I had every faith he would do as good a job as the son had, so I left him to it. When I went out to look at the garden after he had left, I saw he had pulled out a lot of plants that I wanted to keep, and he had cut my bushes so low that there was now a clear view from the street into my living room. I contacted the company, but they said there wasn't much they could do.

Four

I bought an electric bike at the end of January. I'd only had it a month when the battery died. I took it back and they ended up giving me a new bike. The new bike was a lot better, and I was using it a lot. Then, about two weeks ago, I was riding it when the chain broke! I contacted the shop manager, and he said that if I brought

back the broken chain, they would be able to sort out a replacement. However, when I went in, they said I had to pay for a new chain. They told me it was a "consumable item" and that it broke because I used it too much! The bike has only done about 60 miles! That can't be right!

Five

A while ago, I booked a removals company to deliver a large, awkward piece of furniture to my house. They picked it up without any problem, but when they arrived, they said they couldn't get it through the front door without help. Instead of finding a solution, they took the item away and put it into storage. Now I've been told they can't finish the job. I had already paid for it by bank transfer. The company is refusing to give a refund, even though they didn't finish the job, and they are also charging for storage. On top of that, now I have to pay another company to do the work. In the end, this has cost me a lot of money.

Zadanie 3.

I read a lot of search-and-rescue reports every week – usually about skiers who lose their way or don't check the weather. A lot of them are tragic. But every now and then, I come across a story that's so unbelievable, I have to read it twice. That was the case with Julian Hernandez and his 12-year-old son.

The two of them went hiking on February 16th in Snow Canyon State Park in Utah. As night fell, temperatures dropped fast, and they realised they were lost – and in trouble. That's when things unexpectedly changed.

While looking for shelter in a dark canyon, they spotted a green backpack sitting on a nearby rock shelf. Out of curiosity, they opened it and were shocked to find a fully stocked survival kit. Inside were Pop-Tarts, Clif Bars, water, a small tent, and even first-aid supplies. It was everything they needed to stay warm and safe through the night.

After about 22 hours outdoors, a rescue team using night vision goggles found the pair and

lifted them out by helicopter. Hernandez later described finding the pack as “lovely”, saying it had kept them going until morning.

But the most unbelievable part is that the backpack had been sitting there for over a month. In early January, a 15-year-old named Levi Dittmann had also hiked in the area and got lost in that same canyon. During his own rescue, he had to abandon his backpack and couldn’t get it back. It had just stayed there... waiting. Dittmann had spent months putting together that kit, which he said cost around \$200 to \$300. He was glad it ended up helping someone else survive.

So, what’s the lesson here? Even in a well-marked park like Snow Canyon, things can go very wrong once it gets dark. And while nobody’s suggesting you leave survival gear scattered around the wilderness, sometimes, it turns out to be exactly what someone else needs.

ARKUSZ 2

Zadanie 1.

Tekst 1.

This is a customer announcement. The next train to arrive at platform 3 is the delayed 14:15 service to Manchester Piccadilly. This service was delayed due to a signal failure. This train has three carriages. This service is now running 25 minutes late so we ask you to board the train as quickly as possible. We apologise for this delay. Also, all trains to Blackpool North have been cancelled due to engineering work affecting this service. A rail replacement bus service is available and will depart from outside the station every 30 minutes. Passengers holding tickets for the Northern Rail Preston to Blackpool service may use the bus at no extra charge. Thank you for your patience and we apologise for the inconvenience.

Tekst 2.

What is your opinion on electric scooters? Love them or hate them, it seems that they are becoming a more common sight in many cities,

and according to a recent survey, around 50% of urban commuters have tried them at least once. On the one hand, they are environmentally friendly and produce zero emissions which is much better than cars. On the other hand, safety is a big issue. Over the last year, there has been a 30% increase in e-scooter related injuries in London hospitals. However, in every case, the rider wasn’t wearing a helmet. Supporters say that, with the right regulations, scooters can be a safe and practical way to get around the city. What do you think? Call in and share your opinion – 01210 777 555.

Tekst 3.

In August 2015, a team of six scientists and researchers took part in an unusual experiment on the slopes of the Mauna Loa volcano in Hawaii. Their goal? To live for one full year in a specially designed dome that mimicked life on Mars. This experiment was called HI-SEAS – short for Hawaii Space Exploration Analog and Simulation – and was funded by NASA. It aimed to study what life might really be like for future astronauts on the Red Planet.

The group, which included engineers, biologists and a pilot, had to follow strict routines. Their habitat was just 11 metres in diameter, and completely isolated. The participants were only allowed to go outside in full space suits, as if they were really on Mars. Their food was freeze-dried. Communication with the outside world had a 20-minute delay, just like it would on Mars.

The idea behind HI-SEAS was not to test advanced technology, but to understand human behaviour in long-term isolation. Would the team manage to stay positive, work together, and complete scientific tasks in such unusual and stressful conditions? Could they avoid arguments, homesickness or emotional exhaustion?

During the mission, the participants carried out various tasks: growing food, fixing equipment, conducting experiments, and writing reports. But more importantly, they also had to watch their own mental health. One participant said in an interview after the mission that living with

five other people in such a small space for a whole year was the hardest part, and that they learned quickly that communication and community are everything.

The mission ended in August 2016. After 365 days of simulated life on Mars, the team stepped out of the dome to applause and media attention. Scientists considered the project a success. It showed that, with preparation and the right personalities, humans might be able to live together peacefully on Mars.

Some experts, however, pointed out the obvious differences. The Mauna Loa dome had breathable air, an emergency exit and access to help if needed. Mars wouldn't offer such support. Others criticised the experiment for not including more cultural and personal diversity in the team.

Despite that, HI-SEAS has continued with several shorter missions. It has helped scientists gather important data about teamwork, communication and problem-solving under pressure. All of this may one day help humans take that giant leap to Mars – and live there for real.

Zadanie 2.

One

When I signed up for the volunteer programme, I was really excited about getting the chance to help other people, and although I really did enjoy that, what surprised me the most was how much I learnt about myself. Living a simple life close to nature and working with local people in a small village changed my perspective entirely. I realised I didn't want to study business anymore. When I got home, I applied for a degree in environmental science instead.

Two

It was hard at first because I'd never been abroad before, and there was a lot to get used to. The language barrier was the hardest thing to overcome, and I felt very homesick. Slowly but surely, though, I began to connect with people and I started to feel more comfortable. In the end, it was totally worth it.

Three

The best part for me was the feeling of accomplishment when we looked at our finished work. I helped to build a well for a village in Kenya where before, people had to walk for hours to get fresh water. Seeing children drinking clean water near their homes was so satisfying – a feeling I'll never forget.

Four

I prepared as much as I could before I went. I did some training and I read everything they sent me, but when I got there, I realised the information wasn't recent and didn't match how things really were. The project was organised differently, and I had to solve a lot of problems by myself. I felt frustrated a lot of the time, and I didn't enjoy it as much as I had hoped.

Five

I went to Peru to volunteer at a school. Teaching English was fun because the kids were amazing. They really made me feel welcome, and we shared lots of fun times. Our different backgrounds didn't stop us from becoming close really quickly. We keep in touch, and I'm looking forward to going back next year.

Zadanie 3.

A new book by Dan E. Parkes, titled *Titanic Legacy: The Captain, the Daughter and the Spy*, explores the true story of RMS *Titanic's* commander and his family with the help of private letters and photographs. It also talks about the final moments of Captain Edward John Smith. Although how he died exactly remains uncertain, Parkes presents eyewitness accounts from survivors that suggest how the captain may have died when the ship sank in April 1912.

The *Titanic* tragically hit an iceberg on the night of April 14th, and sank early the next morning. More than 1,500 people lost their lives in what became one of the most well-known disasters in history. Captain Smith's body was never found, and only 337 of the victims were ever

recovered. Because of this, various stories and theories have developed over time. Some said he went down with the ship like a hero, as shown in the 1997 film *Titanic*, while others even believed he might have escaped and lived in secret in the United States.

Parkes, however, supports the more widely accepted idea that Captain Smith either drowned or froze in the icy waters along with many others. He includes several reports from survivors in his book to support this. For example, Robert Williams Daniel, a banker who was 27 at the time, said he clearly saw Captain Smith standing on the ship's bridge as it was going under. He told a newspaper that the captain "died a hero".

Another survivor, Isaac Maynard, a cook, also said that he saw Smith on the bridge before being swept off the ship. He later noticed the captain swimming in the cold sea, still wearing his uniform and hat. According to Maynard, someone tried to pull him onto a raft, but Smith refused, telling them to "Look after yourselves, boys".

Other stories describe the captain as continuing to help others until the end. A survivor named George Brereton said that Smith saved a baby from the water and passed it to a lifeboat before returning to the sinking ship.

Parkes believes these accounts show that Captain Smith remained calm, brave, and selfless in his final moments – behaving exactly as many had always imagined he would.

important than the hard stuff.

Host: Speaking of that, what's the hardest part?

Gail: There's always something to manage – whether it's the gas, water, or toilet tank. It never seems to end. And to be honest, it can get lonely. Finding a sense of community on the road is tough.

Host: You converted your van yourself, right? How long did that take?

Gail: About three months, part-time. We couldn't have done it without my dad and his tools. Cutting the windows was the hardest part. Making the first cut into the van was really scary!

Host: Where have you been travelling recently?

Gail: Mostly around California, staying warm. Santa Cruz today, San Francisco tomorrow! But our first month was epic – six national parks, including Glacier and Banff.

Host: And how do you fund this lifestyle?

Gail: Kamal works online teaching math. I manage the van and plan our travels – I like to joke that I'm a 'stay-at-van-home dog mom' because I take care of our dog and the van.

Host: Love it! What's one item you can't live without?

Gail: My camera – hands down. I love capturing the places we explore.

Host: Last question – what's your biggest tip for anyone considering van life?

Gail: Do your research! Really think about what you're giving up – comfort, routine, community. But if you're ready for adventure, it's so worth it.

ARKUSZ 3

Zadanie 1.

Tekst 1.

Host: Today we're talking with Gail, who's been living the van life full-time with her partner Kamal and their dog Bobby. Thanks for joining us!

Gail: Thanks for having me!

Host: So, what's the best thing about living in a van?

Gail: Definitely the variety of places and experiences we get to share. From beaches to mountains – it's amazing. That freedom is more

Tekst 2.

After five months of challenges, delays, and adventures, 19-year-old pilot Zara Rutherford is about to make history. She is set to complete her solo flight around the world, becoming the youngest woman to do so, and the first woman to fly solo around the world in a microlight aircraft.

Zara took off from Belgium in August and flew west, crossing over 31 countries and covering more than 32,000 miles. Her journey wasn't easy. She faced freezing clouds in far-east Russia, a near miss with a thunderstorm near Singapore, and unexpected detours – including

one over the Sea of Japan when China denied her access due to Covid-19 restrictions.

In Russia, she spent a whole month waiting for better weather, stuck in a tiny town where no one spoke English and Wi-Fi didn't exist. She also had to wait weeks for her Russian visa and passport to be renewed. In spite of these obstacles, she never gave up.

Zara's light plane is small – with only one engine – and has fuel for 12 hours. And because she isn't trained to fly using instruments alone, she must avoid clouds, flying at night, or crossing large oceans.

She spent holidays alone – fixing a flat tyre on Christmas Day, and sleeping through New Year's Eve – but she also saw amazing things. In the US, she even watched a SpaceX rocket launch from her cockpit.

Zara's trip has been sponsored by companies like Virgin and Shark Aero. Her love of flying runs in the family – both of her parents are pilots. While the journey has been tough, she says it's been the adventure of a lifetime.

"I'm grateful that I got to experience it", she said. "But I'm also grateful I'm going home."

Zadanie 2.

One

When I started my new job, I was obviously a bit nervous, but, as it turned out, there was no need. Everyone was welcoming and friendly. I got lots of support and help from the start. They made a special effort to include me in their lunch plans, and it was easy to make friends. I'm tempted to say it's too good to be true, but so far everything really is great.

Two

My first week was very hard because there was just so much new information to remember – people's names, procedures, software programs, and more. At the end of every day, I was mentally exhausted. I hope it gets better, because at the moment I'm feeling really overwhelmed and worried that this job might not be the right fit – I feel out of place.

Three

Well, it's been confusing if I'm honest. At the interview, they said I would get full training, but so far, that hasn't happened, and I'm having to figure out how to do things on my own. No one seems to want to show me how to do anything or give me any clear instructions. There really has been very little guidance, and I'm a bit nervous about making a big mistake. Things are so chaotic around here, too. I need to have a chat with my manager soon.

Four

I turned up that first week motivated to do a good job, and excited by the challenge. I was ready to prove myself in my new job, and I was so lucky to get a great manager. She has inspired me by being so helpful and encouraging. The whole experience so far has been very positive, and she has trusted me more than I expected. I have quite a bit of responsibility, and I am going to make sure I don't let her down.

Five

Honestly, my first week has been underwhelming. I expected to be doing something more interesting, creative, or challenging, but so far it's just been so very boring. Every task is basic, repetitive, and not challenging at all. I feel awkward, because some people are taking all day to do a task that takes me about half an hour. It's so frustrating. I don't think this is the job for me.

Zadanie 3.

It was a sunny Sunday afternoon in Dorset when a fun day near the water turned scary for two children. Just after 3:15 pm, a boy and a girl were seen struggling in thick mud close to the Christchurch Harbour Hotel. As luck would have it, a passer-by spotted them and quickly called the coastguard.

Help was soon on the way. The local volunteer crew of the Royal National Lifeboat Institution from Mudeford arrived, along with coastguards, firefighters, and paramedics. By this time, though, the boy had sunk into the mud up to his chest and couldn't move.

The RNLI team worked quickly. They used a paddleboard and a stretcher to move safely on the soft mud. They carefully used their hands to dig the boy out. Then they rescued the girl, who was also stuck in the mud. Both children were cold and very tired, so the team took them to shore. There, paramedics checked to make sure they were okay.

Tim Hewett, the volunteer operations manager at Mudeford RNLI, said it was a very serious situation, but thanks to teamwork across all the emergency services, the rescue was a success. He even gave a special thank you to the staff at the Christchurch Harbour Hotel for all their help during the rescue.

Jane Parkinson, a local RNLI safety officer, said that the warm weather had brought more visitors to the beach and harbour. She reminded everyone that harbour mud can be dangerous, especially at low tide. She said, "Always seek local advice about safe areas to walk, check the tide and weather forecast and plan your activity accordingly".

In the end, this story had a happy ending – but it was a strong reminder that nature can be unpredictable, and safety should always come first.