

Express Publishing





Virginia Evans Jenny Dooley Alan Wheeler



Scope and Sequence

Unit	Торіс	Reading context	Vocabulary	Function
1	Ancient Olympic Games	Blog Entry	ancient, athlete, chariot race, city-state, competition, foot race, horse race, olive wreath, pankration, religious, wrestling	
2	The Modern Olympic Era	Encyclopedia Entry	alternate, closing ceremony, host city, IOC, modern, Olympiad, Olympic torch, opening ceremony, Summer Olympics, Winter Olympics	Listing options
3	Medals	Email	bouquet, bronze, gold, medal ceremony, medal system, medal, national anthem, place, platform, rostrum, silver	Offering congratulations
4	Summer Olympic Events 1	Newspaper Article	archery, boxing, fencing, judo, modern pentathlon, shooting, taekwondo, triathlon, weightlifting, wrestling freestyle, wrestling Greco-Roman	Expressing surprise
5	Summer Olympic Events 2	Schedule	canoe, cycling BMX, cycling road, cycling track, cycling, dressage, equestrian, eventing, jumping, kayak, mountain bike	
6	Summer Olympic Events 3	Magazine Article	badminton, basketball, beach volleyball, football, golf, handball, hockey, rowing, table tennis, tennis, volleyball	Expressing disappointment
7	Athletics	Webpage excerpt	athletics, decathlon, discus throw, hammer throw, high jump, hurdles, javelin throw, long jump, marathon, poleMaking a predictionvault, shot put, steeplechase, triple jump	
8	Gymnastics	Magazine Article	balance beam, floor exercises, gymnastics, horizontal bar, Offering provide parallel bars, pommel horse, rings, trampoline, uneven bars, vault	
9	Aquatics	Schedule of Events	aquatic, backstroke, breaststroke, butterfly, diving, freestyle, medley, relay, synchronized swimming, water polo	
10	Winter Olympic Events 1	Advertisement	alpine skiing, biathlon, cross country skiing, freestyle skiing, giant parallel slalom, half-pipe, nordic combined, ski jumping, snowboard, snowboard cross	Describing frequency
11	Winter Olympic Events 2	Press Release	bobsleigh skeleton, bobsleigh, curling, figure skating, ice dancing mixed, ice hockey, luge, pairs mixed, short track, speed skating	Stating a preference
12	Venues	Newspaper Article	arena, field, gymnasium, ice rink, mountain, pitch, snow, stadium, track	Giving a reminder
13	Signage	Handbook Excerpt	arrow, color code, international, local, map, men's room, route, silhouette, symbol, universally, women's room	Describing location
14	Directions 1	Pamphlet	block, cross, crossroads, crosswalk, exit, freeway, go over, go through, intersection, light, side street	Asking for directions
15	Directions 2	Advertisement	across, beside, get to, go down, head, middle, past, straight, take, walk up	Giving directions

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Glossary





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Scope and Sequence

Unit	Торіс	Reading context	Vocabulary	Function
1	Transportation	Hotel Pamphlet	airport, bus stop, bus, mass transit, on foot, pedestrian, shuttle, subway, taxi, terminus, train station	Making a suggestion
2	Ticket Information	Email	aisle,color sector, exit, package, price, row, seat assignment, seat category, seat location, venue	Giving directions
3	Ordering Tickets	FAQs	authorized ticket seller, certified, counterfeit, deliver, in person, official, online, order, over-the-counter, pick up, resale, scalp, secure, will call	Providing clarification
4	Checking Tickets	Employee Handbook Excerpt	barcode, check, dated, handheld, reader, RFID, scan, sequential, smart-label ticket, storage chip, Ticket Clearing Point (TCP), wireless	Asking about experience
5	Ticket Problems	Pamphlet	confirm, contact, direct, entry, lost, receipt, reentry, regret, reissue, reprinted, stolen, ticket stub	Describing a problem
6	Seating	Advertisement	vertisement armchair, backrest, bench, business seat, comfort, cup Discussin priorities seating	
7	Safety	Poster	emergency, escape route, evacuation, fire extinguisher, fire prevention, impede, mark, passageway, patron, priority, safe, secure	Describing swift action
8	Security Personnel and Equipment	Email	body armor, equip, handcuffs, mace, non-lethal, pistol, radio, restraints, security officer, stun gun, uniform, weapon, zip tie	Agreeing with a decision
9	Security Measures	Poster	abusive, camera, disturb, eject, intoxicated, perimeter, police, post, prevent, sector, sub-sector, surveillance system, turnstile, verbally assault	Asking for more information
10	Anti-Terrorism	Newspaper Article	agent, anti-terrorism, attack, biological threat, bomb squad, bomb threat, checkpoint, no-fly zone, take seriously, terrorism	Emphasizing importance
11	Medical Centers	Flyer	accessible, accommodate, air conditioning, care for, defibrillator, emergency vehicle, heating, medical center, medical staff, stretcher, ventilation, wheelchair	Assigning tasks
12	First Aid	First Aid Kit Insert	airway, alcohol, bandage, bone, broken, burn, chest compressions, cpr, cut, first aid, immobilize, kit, latex gloves, pulse, rescue breathing, sterilize	Describing steps
13	Communications	Employee Handbook Excerpt	channel, communications room, communications, fiber-optic, Corre fire alarm, handheld radio, it, network, operations radio, some security radio, server, telephone system, wireless internet	
14	Athlete Testing	Magazine Article	banned, blood test, doping, performance-enhancing drug, positive, prohibited, revoke, sample, substance, test, a topi testing, urine test, zero-tolerance	
15	Announcements	Memo	announcement, broadcaster, clarity, crowd noise, event, loudspeaker, microphone, PA system, scores, sound reinforcement system, times, update, volume	Expressing concerns

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Glossary





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Scope and Sequence

Unit	Торіс	Reading context	Vocabulary	Function
1	Concessions 1	Webpage Excerpt	assigned, counter, grab-and-go, hawking, mobile stand, mobility issue, permanent stand, position, promotional, regional, service, temporary stand	
2	Concessions 2	Advertisement	buy one get one free, come with, confirm, get for, how Confirm much, menu, order, place, serve, tip informa	
3	Concessions 3	Checklist	carry out tray, conveyor oven, drink dispenser, fryer, gloves, handle, hawker cooler, heat lamp, icebox, kiosk, merchandiser, trash can, trolley, vendor tray	Giving a reminder
4	Retail Operations	Job Advertisement	bag, cashier, check, check out, customer, customer service, language barrier, merchandise, receipt, retail, ring up, sale, sell, spectator, total	
5	Summer Olympics Retail	Flyer	bottled water, flag, glare, jersey, mascot, need, purchase, souvenir, sunblock, sunglasses, umbrella, visor	
6	Winter Olympics Retail	Advertisement	blanket, boots, coat, cocoa, coffee, gift shop, gloves, handwarmer, mittens, scarf, sweater, sweatshirt	
7	Cash Sales	Memo	bill, break, cash, change, coin, count back, denomination, make change, register, roll, safe drop, till, traveler's check confusion	
8	POS Systems	Employee Handbook Excerpt	card reader, credit, debit, electronic signature pad, PIN pad, POS system, receipt printer, signature, swipe, terminal, touch screen, transaction	
9	Paralympics 1	Magazine Article	ataxia, athetosis, eligible, hypertonia, impaired, impairment, IPC, leg-length, limb, muscle power, Paralympics, range of movement	
10	Paralympics 2	FAQs	activity limitation, classification, classification code, comparable effect, intellectual impairment, physical impairment, point, sport class, team sport, visual impairment, wheelchair	
11	Special Olympics 1	Pamphlet	ability, achievement, attitude, dignity, Down Syndrome, empower, focus, health education, intellectual disability, respect, Special Olympics, stereotype, training	Reacting to good news
12	Special Olympics 2	Newspaper Article	bocce, bowling, cricket, floor hockey, floorball, motor activity training program, netball, open water swimming, play activities program, powerlifting, sailing, snowshoeing, softball, unified sports, world games	Agreeing with an opinion
13	Media Personnel	Email	accreditation office, cameraman, commentator, coverage, ID badge, interviewer, media officer, media, photographer, print journalist, radio journalist, stadium media center, TV reporter, TV studio	
14	Media Restrictions	Webpage Excerpt	copyright, depiction, endorse, licensed, logo, mascot, media restriction, official, Olympic Rings, permission, rebroadcast, sanctioned, sponsor, trademark	
15	Media Updates	Magazine Article	air, broadcast, hashtag, Internet, ratings, real-time, smartphone, social media, spoiler, tape-delay, technology, television schedule, tweet, Twitter, update, viewer	Stressing a point

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Glossary

Ancient Olympic Games

НОМЕ

horse race

Get ready!

foot race

Before you read the passage, talk about these questions.

- 1 What were some of the events at the ancient Olympic games?
- 2 What are some of the events at the modern Olympic games?

Comparing the Ancient and Modern Olympics

CONTACT

BLOG ENTRY SERVICES

The modern Olympics are very different from the **ancient** Olympics. Today, **athletes** represent their countries. In the ancient Olympics, athletes represented their Greek **city-states**. **Competitions** included **foot races**, **horse races**, and **chariot races**.

SEPTEMBER 1

One of the original events was **wrestling**, where two competitors fought hand to hand. This event is still popular today. Another event, **pankration**, combined wrestling with fighting skills, like punching and kicking. Unlike wrestling, it is no longer an event in the modern Olympics.

In the ancient Olympics, the prize for winning was an **olive wreath**. Winners were honored at **religious** festivals that accompanied the athletic events. Today, Olympic winners receive medals.

Vocabulary

3 Match the words or phrases (1-5) with the definitions (A-E).

- 1 ___ olive wreath
- ____ competition
- 5 ___ city-state
- 3 __ horse race

2 ____ athlete

- A an independent territory that consists of a city and its surrounding lands
- **B** a contest of skill or ability between multiple athletes
- **C** the prize awarded to winners of the ancient Olympics
- **D** a physically fit person who participates in sports or athletic events
- E an event where competitors race each other while on horseback

wrestling

2 Read the blog entry. Then, mark the following statements as true (T) or false (F).

chariot race

- 1 ___ Athletes from various countries competed in the ancient Olympic games.
- **2** ___ Pankration allowed competitors to punch and kick each other.
- **3** ___ Religion was a part of the ancient Olympic games.



Read the sentence pairs. Choose which word or phrase best fits each blank.

- 1 religious / ancient
 - A A(n) _____ event honors a spiritual being or deity.
 - **B** The Olympics have their origin in _____ times.

2 pankration / wrestling

- A The sport of _____is still practiced in modern times.
- B _____had few rules, and involved punching and kicking.
- 3 foot race / chariot race
 - A In a _____, competitors race each in from wheeled vehicles pulled by horses.
 - B Athletes in a _____ try to run faster than their competitors.
- 5 Solution Listen and read the blog entry again. What was the prize for winning an event in the ancient Olympics?

Listening

- G Listen to a conversation between the two spectators. Mark the following statements as true (T) or false (F).
 - **1** ___ The speakers are watching a wrestling match.
 - **2** ___ The speakers only talk about the modern Olympics.
 - **3** ___ The man explains pankration.

Isten again and complete the conversation.

Spectator 1:	Are you enjoying the 1?
Spectator 2:	Yes, I am. The competitors are great 2
Spectator 1:	I agree. They're in great 3 They have to be.
Spectator 2:	Yeah, wrestling is a tough sport. It's an old sport, too. It was part of the 4 Olympics.
Spectator 1:	Was it? That's cool.
Spectator 2:	Yeah. And as tough as wrestling is, it can't compare to 5
Spectator 1:	Oh? What's that?
Spectator 2:	It was a fighting event in the ancient Olympics. 6 could punch and kick each other during fights.
Spectator 1:	Wow. Sounds intense.

Speaking

8 With a partner, act out the roles below based on Task 7. Then, switch roles.

USE LANGUAGE SUCH AS:

Are you enjoying ...? / I'm impressed by ... What is ...?

Student A: You are a spectator at a wrestling match. Talk to Student B about:

- the sport of wrestling
- the difficulty of the sport
- how it compares to pankration

Student B: You are a spectator . Talk to Student A about wrestling.

Writing

9 Use the conversation and the blog entry to fill out the lists of modern and ancient Olympic events.

	Events in the Ancient Olympics	Events in the Modern Olympics
	/	
Ż		
2	3	

Get ready!

Before you read the passage, talk about these questions.

- 1 What is the Paralympics?
- 2 What are some challenges athletes in the Paralympics face?



Paralympics Athletes Triumph

For almost 40 years, the Paralympics has offered competition opportunities for **impaired** athletes. Competitors face a variety of challenges that restrict their participation in traditional sports. These include conditions like **hypertonia**, **ataxia**, and **athetosis**. Some athletes have differing **leg-lengths** or are missing **limbs**. **Impairments** like these limit **muscle power**, **range of movement**, and basic mobility. Many people would find such limitations discouraging. This is particularly true when it comes to participating in athletics.

But Paralympics athletes do not let these difficulties prevent them from achieving athletic greatness. They compete in events that are very similar to Olympics events. These include individual sports, like archery, weightlifting, and equestrian events. In addition, Paralympics athletes compete in team sports like football, volleyball, and hockey. The events are often adapted in ways that accommodate the impairments of the athletes. Some specially adapted Winter events include wheelchair curling and ice sledge hockey. One popular adapted Summer event is wheelchair rugby.

Not all athletes are **eligible** to participate in the Paralympics. The **International Paralympics Committee**, or **IPC**, sets the regulations regarding who can compete. The IPC also sets the rules for many Paralympics events.

Reading

2 Read the magazine article. Then, choose the correct answers.

- 1 What is the main point of the article?
 - A to explain the way athletes are categorized in the Paralympics
 - B to recruit participants for the Paralympics
 - **C** to introduce readers to the difficulties faced by Paralympics athletes
 - **D** to inform readers about recent winners of the Paralympics
- 2 Which of the following is NOT mentioned in the article?
 - A specific impairments faced by Paralympic athletes
 - B adaptations of sports for impaired athletes
 - C rules for playing wheelchair basketball
 - **D** a group that regulates competition in the Paralympics
- **3** According to the article, what is one purpose that the IPC serves?
 - A choosing the location for the Paralympics
 - **B** determining who is allowed to participate in the Paralympics
 - C promoting and advertising the Paralympics
 - **D** researching new treatments for impairments like hypertonia

Vocabulary

3 Match the words or phrases (1-8) with the definitions (A-H).

- 1 __ IPC
 - 5 ___ impairment6 ___ Paralympics
- **2** ___ limb
 3 ___ ataxia
 - 7 ___ muscle power
- 4 ___ leg-length
- 8 ____ range of movement
- A an arm or a leg
- **B** the amount that something can change position or move
- C a sporting event for impaired athletes
- D the measurement from hip to ankle
- E the group that organizes the Paralympics
- F a condition resulting in lack of coordination
- G a difficulty or limitation
- H force created by contracting muscle tissue

Read the sentence pairs. Choose which word or phrase best fits each blank.

- 1 eligible / impaired
 - A Only certain athletes are to participate in the Paralympics.
 - B ______athletes are divided into groups depending on their abilities.
- 2 hypertonia / athetosis
 - A Athletes with _____ have difficulty stretching their muscles.
 - B Athletes with ______ have difficulty maintaining their balance.
- 5 Solution Listen and read the magazine article again. What is one way Paralympics events are adapted for impaired players?

Listening

6 Solution Listen to a conversation between a reporter and an athlete. Mark the following statements as true (T) or false (F).

- 1 ___ The woman is a floor hockey player.
- 2 ___ The man asks how he can participate in the Paralympics.
- **3** ___ The woman is an activist who promotes the Paralympics.

7 So Listen again and complete the conversation.

Reporter:	When did you first 1 the Paralympics?		
Athlete:	I've been 2 the wheelchair basketball team for five years.		
Reporter:	And when did you 3 you wanted to be a basketball player?		
Athlete:	I was on the high school basketball team when I was injured in a car accident.		
Reporter:	That 4 been difficult for you.		
Athlete:	It was. The injury 5 severe hypertonia.		
Reporter:	Can you describe the effects of hypertonia?		
Athlete:	Yes. It's a neurological condition that, 6		
	, causes rigidity of my leg muscles.		
Reporter:	I see.		

Speaking

8 With a partner, act out the roles below based on Task 7. Then, switch roles.

USE LANGUAGE SUCH AS:

When did you first ...? That must have been ... Can you describe ...?

Student A: You are a reporter. Talk to Student B about:

- his or her impairment
- his or her participation in the Paralympics
- his or her goals

Student B: You are a Paralympics athlete. Talk to Student A about your participation in the Paralympics.

Writing

9 Use the magazine article and the conversation from Task 8 to write notes on an interview. Include: a description of the athlete you interviewed, the sport he or she plays, and what his or her goals are.

Glossary

across [ADV-U15] To travel across something is to move from one side of it to the other.

- **alpine skiing** [N-UNCOUNT-U10] **Alpine skiing** is a racing sport on the snow that involves downhill skiing and slalom races.
- alternate [V-T-U2] To alternate between events is to switch back and forth between the two in a regular pattern.

ancient [ADJ-U1] If something is ancient, it is very old.

aquatic [ADJ-U9] If something is aquatic, it is related to the water.

- **archery** [N-UNCOUNT-U4] **Archery** is a sport in which participants compete to shoot a bow and arrow at a target with the most accuracy.
- arena [N-COUNT-U12] An arena, or stadium, is a sports venue with tiered seating for spectators.

arrow [N-COUNT-U13] An arrow is a symbol that is used to point at things or indicate direction.

- athlete [N-COUNT-U1] An athlete is a physically fit person who participates in sports or athletic events.
- **athletics** [N-UNCOUNT-U7] **Athletics** is a category of Olympic sports that include running, jumping, and other physical activities.

backstroke [N-UNCOUNT-U9] Backstroke is a swimming race in which participants swim on their backs.

- **badminton** [N-UNCOUNT-U5] **Badminton** is a sport in which a player scores points by getting a shuttlecock, made of cork and feathers to land on the other player's side of the court using a racket.
- **balance beam** [N-UNCOUNT-U8] **Balance beam** is an event in which a gymnast performs a routine while balanced on a long, thin beam.

basketball [N-UNCOUNT-U6] Basketball is a sport in which teams score points by getting a ball into a raised basket.

beach volleyball [N-UNCOUNT-U6] **Beach volleyball** is a sport played on sand in which teams score points by getting a ball to land on the ground on the other team's side of the net.

beside [PREP-U15] If one object is beside another object, it is next to the other object.

biathlon [N-UNCOUNT-U10] Biathlon is a sport that combines cross country skiing and shooting.

block [N-COUNT-U14] A block is a small area of a town or city that is enclosed by four streets.

- **bobsleigh** [N-UNCOUNT-U11] **Bobsleigh** is a sport in which teams of two or four drive a mechanically steered sled down a narrow, winding ice course in order to get the fastest time.
- **bobsleigh skeleton** [N-UNCOUNT-11] **Bobsleigh skeleton** is a type of bobsleigh race involving one athlete racing headfirst down the course on a small sled.
- **bouquet** [N-COUNT-U3] A **bouquet** is an arrangement of flowers that is given to Olympic winners as they are awarded their medals.
- **boxing** [N-UNCOUNT-U4] **Boxing** is a sport in which participants spar with each other using hand strikes while wearing padded gloves.
- **breaststroke** [N-UNCOUNT-U9] **Breaststroke** is a swimming race in which participants swim by pushing their arms forward and back in a circular motion
- bronze [ADJ-U3] If a medal is bronze, it is bronze in color and awarded to the third-place winner in an event.
- **butterfly** [N-UNCOUNT-U9] **Butterfly** is a swimming race in which participants push their arms forward out of the water and then bring them both round together in a circular motion under the water.
- **canoe** [N-UNCOUNT-U5] **Canoe** is a sport in which participants race for time on a water course, usually involving more than one paddler using paddles that only have a blade at one end.
- chariot race [N-COUNT-U1] A chariot race is an event where competitors race each other in wheeled vehicles pulled by horses.

city-state [N-COUNT-U1] A city-state is an independent territory that consists of a city and its surrounding lands.

- **closing ceremony** [N-COUNT-U2] A **closing ceremony** is the festival and ceremony that officially ends the Olympic games.
- **color code** [V-T-U13] To **color code** something is to give different colors different meanings in a picture or a map to differentiate different areas, places or things.



Worldwide SPORTS EVENTS

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