



Workbook

**Jenny Dooley** 



#### Published by Express Publishing

Liberty House, Greenham Business Park, Newbury, Berkshire RG19 6HW, United Kingdom

Tel.: (0044) 1635 817 363 Fax: (0044) 1635 817 463

email: inquiries@expresspublishing.co.uk

www.expresspublishing.co.uk

© Jenny Dooley, 2018

Design and Illustration © Express Publishing, 2018

Colour Illustrations: Angela, Andrew Simons, © Express Publishing, 2018

First published 2018 Third impression 2019

Made in EU

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form, or by any means, electronic, photocopying, or otherwise, without the prior written permission of the publishers.

This book is not meant to be changed in any way.

ISBN 978-1-4715-6969-2

## **CONTENTS**

Unit 1	Lifestyles			Unit 7	Stick to the rules!		
	Vocabulary	p.	4		Vocabulary	p.	40
	Grammar	p.	5		Grammar	p.	41
	Vocabulary & Everyday English	p.	6		Vocabulary & Everyday English	p.	42
	Reading	p.	7		Reading	p.	43
Unit 2	<b>Shop till you drop</b>			Unit 8	Landmarks		
	Vocabulary	p.	8		Vocabulary	p.	44
	Grammar	p.	9		Grammar	p.	45
	Vocabulary & Everyday English	p.	10		Vocabulary & Everyday English	p.	46
	Reading	p.	11		Reading	p.	47
Unit 3	<b>Survival stories</b>			Unit 9	Live and let live		
	Vocabulary	p.	12		Vocabulary	p.	48
	Grammar	p.	13		Grammar	p.	49
	Vocabulary & Everyday English	p.	14		Vocabulary & Everyday English	p.	50
	Reading	p.	15		Reading	p.	51
Skills Pr	actice A (Units 1-3)	p.	16	Skills Pr	actice C (Units 7-9)	p.	52
Revision	A (Units 1-3)	p.	20	Revision	1 C (Units 1-9)	p.	56
Unit 4	Planning ahead			Unit 10	Holiday time		
	Vocabulary	p.	22		Vocabulary	p.	58
	Grammar	p.	23		Grammar	p.	59
	Vocabulary & Everyday English	p.	24		Vocabulary & Everyday English	p.	60
	Reading	p.	25		Reading	p.	61
Unit 5	Food, glorious food!			Unit 11	Join in the Fun!		
	Vocabulary	p.	26		Vocabulary	p.	62
	Grammar	p.	27		Grammar	p.	63
	Vocabulary & Everyday English	p.	28		Vocabulary & Everyday English	p.	64
	Reading	p.	29		Reading	p.	65
Unit 6	Health			Unit 12	Going online!		
	Vocabulary	p.	30		Vocabulary	p.	66
	Grammar	p.	31		Grammar	p.	67
	Vocabulary & Everyday English	p.	32		Vocabulary & Everyday English	p.	68
	Reading	p.	33		Reading	p.	69
Skills Pr	actice B (Units 4-6)	p.	34	Skills Pr	actice D (Units 10-12)	p.	70
Revision	B (Units 1-6)	p.	38	Revision	D (Units 1-12)	p.	74
				Irregula	r Verbs	p.	76



# **Vocabulary**Weather phenomena

#### **1** ★ Look and circle.



1 hurricane / flood



2 tsunami / tornado



3 lightning / blizzard



4 tornado / hurricane



5 hurricane / tsunami



6 blizzard / lightning

## 2 \* Write the correct weather phenomena from Ex. 1.

- The earthquake caused a wave 36 metres high.
  .....
- 2 The next day all the streets were under water.
- **3** The wind blew our apple tree down.
- 4 The bright flashes frightened our dog.

? \* Choose the correct item.

.....

- 1 Sudden/Suddenly, it started blowing/pouring with rain.
- **2** The sun was **coming/shining bright/brightly** in the sky.
- 3 He was **lucky/luckily** he got home before it started raining **heavy/heavily**.
- **4** A flash of **lightning/blizzard** can **easy/easily** damage electrical appliances.

4	★★ Fill in: throw, pick, g	et,	hit in the correct form.				
1	The rescue team arrived and up the shipwrecked sailor.						
2	When itda	ark,	the wind usually drops.				
3	A giant wavewere in.		the side of the boat we				
4	The wind was so strong, the deck of the yacht.	it	me across				
5	a) ★★ Match the word	ls t	o form phrases.				
1	satellite	а	land				
2	fishing	b	signal				
3	giant	С	clouds				
4	radio	d	phone				
5	dry	е	weather				
6	stormy	f	wave				
7	dark	g	boat				
	b) ★★ Use phrases fro gaps.	m I	Ex. 5a to complete the				
1	The cruise boat never sai	ls iı	1				
2	After a lot of months sailing around the world, they were relieved to be on						
3	A tsunami creates a that can sometimes cover a whole town.						
4	They use a to speak to their family when they're at sea.						
6	6 *** Fill in: heavy, achievements, hard, board, falling, rolled, waves, land, rough.						
	January 1952, the Amer						



#### **Grammar**

#### Past continuous - while/when

- ↑ Put the verbs in brackets into the past continuous.
- 1 At 8:00 am Mary ...... (make) breakfast.
- 2 ......(Tom/play) his new computer game online yesterday evening?
- **3** At 8 o'clock last night, I ...... (wait) for my friend to come over and chat.
- 4 What ......(Nicole/do) at 9 o'clock yesterday morning?
- **5** Lucy and I ...... (not/shop) at the new department store at 5:30 pm.
- → Choose the correct time expression.
- 1 She phoned him at seven o'clock **now/last night**.
- 2 At 10 o'clock/At the moment yesterday morning, Gill was chatting online with Steve.
- **3** It started raining **all day yesterday/yesterday afternoon** and it didn't stop until midnight.
- 4 They were cooking all/last yesterday evening.
- **5 By/This time** last Friday, I was lying on the beach eating ice cream.
- 3 ★★ The pictures were taken yesterday afternoon. Use the prompts to form questions, then answer, as in the example.









- 1 Mark/watch TV? take pictures Was Mark watching TV? No, he wasn't. He was taking pictures.
- 2 the girls/swim? watch TV
- 3 Naomi/shop? talk on the phone
- 4 they/sleep? eat

#### ★★ Join the sentences.

1 Mark and I were walking in the forest2 The phone rang

2 The phone rang when

3 She was cooking

4 He was studying

her brother was setting the table.

the lights went out.

it started to rain.

we were watching TV.

- 5 ★★ Choose the correct item.
- **1** They **watched/were watching** a film when the pizza arrived.
- 2 She was reading the letter when she was hearing/ heard a noise behind her.
- **3 Did you work/Were you working** at 10 o'clock yesterday morning?
- 4 It was twelve o'clock and Mrs Stone was waiting/waited for her daughter to come home.
- **5** She **went/was going** to Ankara two years ago.
- **6** ★★★ Use the prompts to make sentences with the past simple and/or the past continuous.
  - 1 it/snow/heavily/when/the climbers/reach/the camp
- 2 it/stop/raining/so/the children/go out/to play
- ${\bf 3} \quad \text{the thieves/steal/the painting/while/guard/not look} \\$

.....

.....

.....

(hurn) my hand while/

- 4 Sami/scream/when/she/see/a snake in her tent
- **5** the sun/shine/when/we leave/for the beach
- 7 \*\*\* Put the verbs in brackets into the past simple or the past continuous, then choose the correct word to complete the sentences.

•	I	(Duill) thy hand willich
	when	(cook) dinner.
2	Samuel	(lie) in bed when/
	while he	(hear) a noise.
3	They	(walk) through the
	park while/when it	(start)
	pouring with rain.	
1	Ratty	(sing) when/while

- 1 Betty ..... (sing) when/while Cecilia ..... (play) the piano.
- 5 Mia ...... (sleep) while/when the thunder ...... (wake) her up.



# **Vocabulary**Feelings & Sounds

↑ How does each person feel? Choose from the list: proud, relieved, sad, puzzled, thrilled, anxious, frightened, angry.





1 ......





.....

3 .....





How wonderful!



5



6

2



#### \*\* Fill in the correct verb from the list.

- blowing wailing falling barking
- knockingscreeching
- **1** Jackie was crossing the street when suddenly she heard the sound of car brakes ......
- **3** We heard a dog ..... outside in the street.
- **4** John loves listening to the noise of the rain ...... on the glass roof.
- **5** The police car chased after the bank robbers with its siren .......
- **6** Sorry, the children are making so much noise that I didn't hear you ...... on the front door.

## **Everyday English**

#### A witness report

#### $\mathbf{?}$ $\star$ Match the exchanges.

- **1** What were you doing?
- **2** What happened?
- Did you see his face?
- Thank you for your time.
- **a** No, I'm afraid not.
- **b** You're welcome.
- **c** I was waiting for the bus.
- **d** A man tried to steal my bag.

#### ★★ Choose the correct response.

- **1** A: Where were you at the time?
  - B: **a** I was in the bedroom.
    - **b** I tried to chase him.
- 2 A: What did you hear exactly?
  - B: a I locked the window.
    - **b** A screeching sound.
- **3** A: That's really helpful. Thank you.
  - B: a You're welcome.
    - **b** I was so scared.

## 5 \*\*\* Complete the dialogue with the sentences below. One sentence is extra.

- What were you doing at that time?
- Did you see his face?
- I'm glad I could help.
- What happened exactly?
- Where were you at the time of the burglary?
- Thank you.

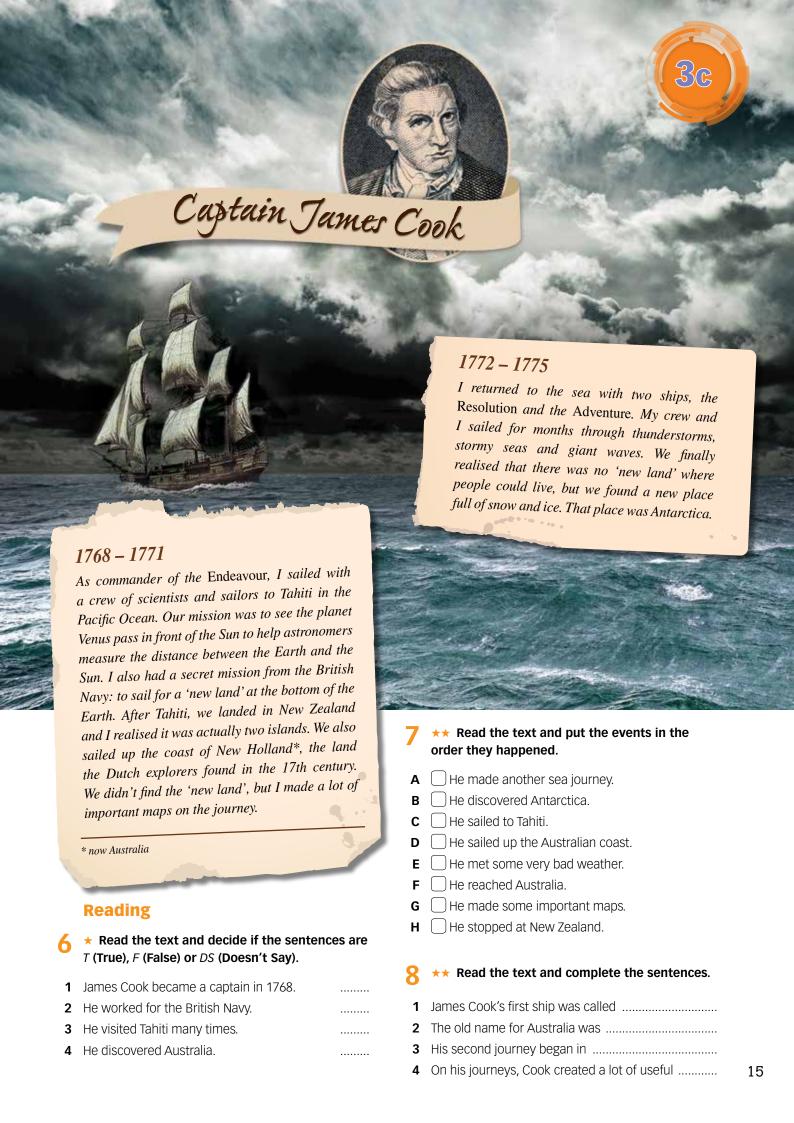
as it drove away.

A: That's really helpful. Thank you.

A:	So, Mrs Jones, I've got a few questions for you.
	1)
B:	I was in the kitchen.
A:	2)
B:	I was cooking lunch.
A:	3)
B:	Well, I heard a shout from my neighbour and I
	looked through my window. I saw a man in a black
	tracksuit running down the street. I ran outside, but
	he was already at the end of the street.
A:	4)
B:	No, I'm afraid not. But I saw him get into a car. I

wrote down the number of the car's licence plate

B: 5) .....

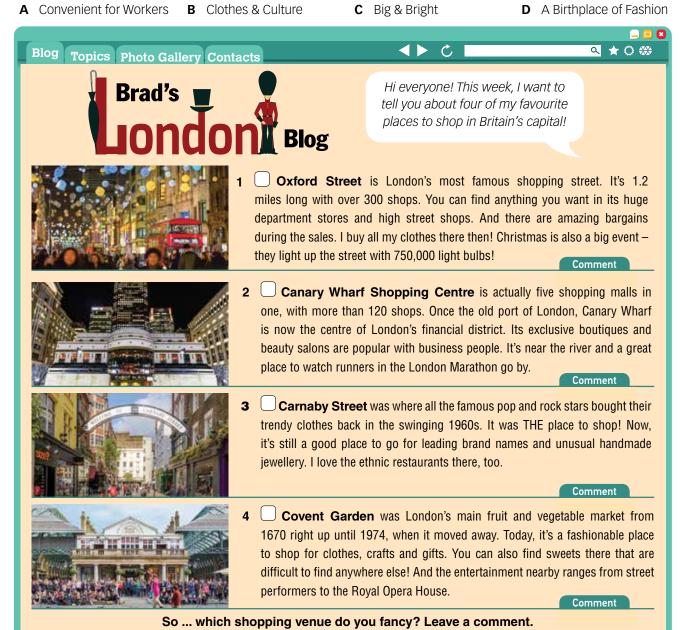




## **Skills Practice (Units 1-3)**

#### Reading

- ↑ Read the text and match the headings (A-D) to the sections (1-4).
- •



......

- $\star\star$  Read the text and decide if the statements are T (True) or F (False) or DS (Doesn't Say).
- Prices in Oxford Street are cheaper at certain times.
- Canary Wharf is good if you like sports events.
- Carnaby Street doesn't have many shops these days.
- You can still buy greengroceries at Covent Garden.
- Brad prefers Oxford Street shops to all the others.

		_	_	_	_	_		
7)	***	Read	the text	and	complete	the	sentenc	es

- You can choose between ...... and high street shops in Oxford Street.
- **2** Before it had a shopping centre, Canary Wharf was the ......
- Celebrities once ...... in Carnaby Street.
- Music lovers can enjoy a show at ......in Covent Garden.



#### **Everyday English**

#### Match the exchanges.

- Could I have some eggs, please?
- **2** How can I help you?
- Are you here on 3 holiday?
- 4 How are things at home?
- **5** Did you go to the supermarket yesterday?
- Have you met my cousin?
- Where did you lose it?

- a No, I haven't. Pleased to meet you.
- **b** Fine, thanks.
- c It's a plain leather jacket with zip pockets.
- **d** Certainly. How many would you like?
- e No, I'm visiting a friend.
- **f** In the store restaurant.
- What does it look like? **g** No, I didn't. I went this morning.
  - h I think I left my jacket here yesterday.

#### **★★** Choose the correct response.

- 1 A: It's great that you could make it!
  - B: **a** Thanks for inviting me.
    - **b** You're welcome.
- **2** A: Do you have any sliced bread?
  - B: a Is this it?
    - **b** It's in Aisle 3.
- 3 A: This is my boss, Mr Grey.
  - B: a Come on in!
    - **b** Pleased to meet you.
- **4** A: Did you buy this meat at the supermarket?
  - B: **a** No, my father's a butcher.
    - **b** No, I bought it at the butcher's.
- **5** A: Is this your coat?
  - B: **a** Yes, thank you so much.
    - **b** Yes, I think you're in luck.
- 6 A: That's very helpful.
  - B: **a** My pleasure.
    - **b** Thank you for your time.

#### \*\*\* Use the sentences (A-I) to complete the dialogue. Two sentences are extra.



- A I wrote down the number.
- **B** Some people tried to stop him.
- **C** Did you see his face?
- **D** What happened exactly?
- **E** What were you doing?
- F That's really helpful.
- **G** What did you hear?
- **H** No, I'm afraid not.
- I heard a shout.

A:	Where were you at the time of the robbery?
B:	I was inside the bank.
A:	1)
B:	I was standing in a queue.
A:	2)
B:	A man came into the bank and robbed the cashier. Then he left in a hurry.  3)
	He was too fast, though.
A:	4)
B:	5)
	But I saw him get into a black car and drive away.
	6)
A:	<b>7)</b> Thank you.



## **Skills Practice (Units 1-3)**

### Listening

7 \* Listen and circle the correct answer to complete the timetable.



#### Morning

7:30 am	get up, have a <b>2) shower/bath</b>
9:00 am	check client 3) emails/messages
10:00 am	look around 4) high street shops/
	department stores
11:30 am	meet clients

#### Afternoon

1:30 pm	stop for lunch
2:00-4:00 pm	5) go shopping for clothes/collect
	clothes
6) 5:00/6:30 pm	get home

#### Evening

7:00 pm	cook dinner with her 7) son/husband		
8:00 pm	watch 8) a film/the news on TV		
11:00 pm	go to bed		

8 \*\* Listen to the dialogue and match the people (1-5) to the correct description (A-G).
There are two extra descriptions.

## People

### 1 Brendan

- 2 Olga
- 3 Mary
- **4** Steve
- **5** Maurice

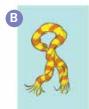
#### Description

- A pale complexion
- **B** moustache
- **c** wavy hair
- **D** well-built
- **E** chubby
  - **F** freckles
- **G** tall and slim

Listen to the dialogues. For each question, choose the correct answer (A, B or C).

1 Which is Samantha's favourite item of clothing?







**2** Which weather phenomenon did Phoebe experience on holiday?







**3** What did Bob lose on the train?







4 What does Imelda do in her free time?







**5** What was Harry doing on Saturday afternoon?







**6** What time does Frank finish his violin lesson?









#### Writing

- **↑** Complete the celebrity fact file. Use the phrases in the list.
  - of medium height the theatre actor
  - long, curly, dark hair travelling
  - Kit Harington friendly smile caring
  - 32 reading sociable moustache

Name	
Job	
Age	
Appearance	
Character	
Interests	

11 \*\* Use the information in the fact file to write Charlotte's email.

© 0 0 8 ×
From: Charlotte To: Emily Subject: My favourite celebrity
Hi Emily!  Thanks for your email. Hope you're well.  You asked me to tell you about my favourite celebrity.  He's the actor
also got a beard and a

- 12 \*\*\* Match the captions to the pictures and then use the information to complete the story entitled *A Drive in a Storm* (100-120 words).
  - take the car away & give us a lift
  - start raining get out of car safely
  - emergency services arrive
  - tree hit by lightning & car crashes into tree
  - drive in the countryside on a sunny day









100		
4	 	

5 .....

6	

A Drive in a Storm
One day last summer, my family and I were
It was a
After a while, and it
Then we heard a loud crack
and our car crashed into it!
It was badly damaged but luckily
We were shocked.
We waited patiently until
They and kindly
When we reached home, we
We all felt



# **Revision (Units 1-3)**

#### Vocabulary

1	Will you help methe laundry?				There is someone on the door.					
	<b>A</b> make	<b>B</b> do	<b>C</b> wash		<b>A</b> wailing	В	knocking	С	barking	
2	She is tall and thir	n with long	hair.	15	Put on your gloves. It's freezing cold outside.					
	<b>A</b> curly	<b>B</b> full	<b>c</b> well-built		<b>A</b> woollen	В	silk	С	linen	
3	She works at a ha	ir andsalo	16	She works at the local post						
	<b>A</b> department				<b>A</b> shop		bank		office	
4	It 14/00	with rain as wo	word driving to	17	He's very	· hc	always does y	what	t ha save ha	
4	It was v college.	WILLI TAILI AS WE	were unving to	17	will do.	., 110	aiways docs	viia	t tie says tie	
	<b>A</b> shining	<b>B</b> pouring	<b>C</b> blowing		<b>A</b> brave	В	reliable	С	careful	
5	All the meals on	All the meals on are included in the price.				The security stopped us at the entrance.				
	A floor	<b>B</b> deck	<b>c</b> board		<b>A</b> agent	В	guard	С	grocer	
6	The new fast food to work in the kito		19	The model is we her legs.	on					
	A team	<b>B</b> crew	<b>C</b> staff		A socks	В	scarves	С	tights	
7	She didn't know which way to go; she was				A flash of					
	<b>A</b> puzzled	<b>B</b> relieved	<b>c</b> thrilled		<b>A</b> lightning	В	flood	С	tornado	
8	Do they have aservice?				We heard a siren	enin the distance.				
	<b>A</b> plane	<b>B</b> supplier	<b>c</b> delivery		<b>A</b> screeching	В	blowing	С	wailing	
9	She's got deep around her mouth.				She's got a pale					
	A towels	<b>B</b> wrinkles	<b>c</b> freckles		<b>A</b> wrinkle	В	complexion	С	height	
10	She realised she	She realised she was all alone in the dark room; she			She hates travelli	ng ir	ı weatl	her.		
	felt		,		<b>A</b> violent	_	heavy		stormy	
	<b>A</b> angry	<b>B</b> proud	<b>C</b> frightened	24	She the t	icko	ts to Hawaii on	lina		
11	We the vi	ew from the top o	f the mountain.	24	A booked		posted		employed	
	<b>A</b> admired	<b>B</b> relaxed	<b>c</b> took				1		1 1 1 7 1 1	
12	Can you buy me a magazine from the?			25	Let mea go to the cinema					
	<ul><li>A jeweller's</li><li>C newsagent's</li></ul>	<b>B</b> butcher's			<b>A</b> make	В	have	С	do	
13	He bought us a	of roses.								
	A chop	<b>B</b> bouquet	<b>C</b> loaf							



#### **Grammar**

	Graiiiiiai											
1	Does he t	o tr	avel abroad?			14	An	n he is	lyin	g to us.		
	<b>A</b> want	В	wanting	С	wanted		Α	believed	В	believes	С	is believing
2	We are St	eve	tonight.			15	We	e to Ma	dric	last week.		
	<b>A</b> meets	В	meet	С	meeting		Α	use to fly	В	used to fly	С	flew
3	They went to the p	oark	cafterr	ioon		16	My	car isn't	fa	ast as his.		
	<b>A</b> yesterday	В	today	С	last		Α	SO	В	than	С	more
4	"Are you going to	th	e mall this afte	erno	on?" "Yes, I	17	Sh	e's watching TV	at 1	:he		
		В	am	С	was		Α	time	В	moment	С	present
						18	Dio	d you to	o sp	end your holida	ays	by the sea?
5	"Did he leave?" "N						Α	use	В	used	С	using
	A doesn't	В	did	С	didn't	40	l la	aa waadina	مر م ما			
6	"I never drink coffe	ee."	"Really? I			19		was reading w		•		
	<b>A</b> can		drink					rings was ringing	Б	rang		
7	This is one of theluxurious hotels in London.					20	they having lunch now?					
	A much	В	more	С	most		Α	Do	В	Were	С	Are
8	She to col	the to collect the tickets.				21		they go to	the	e cinema last S	und	ay?
	<ul><li>A forgets</li><li>C was forgetting</li></ul>	В	forgot				Α	Do	В	Did	С	Were
9	she watch	ning	;TV?			22	 hir	he doing n?	g his	s homework w	her	ı you called
	<b>A</b> Does	В	Am	С	IS		Α	Did	В	Was	С	Does
10	Did he the	e kid	ds with him?			23	Th	is is the most e	xpei	nsive shop		all.
	<b>A</b> bring	В	bringing	С	brought		Α	than	В	from	С	of
11	"I always get up la	ite c	on Sundays."".		do I."	24	Ma	ary was sleeping	g	Bob was	COC	king dinner.
	<b>A</b> So	В	Neither	С	Never		Α	when	В	while	С	as
12	He's the student in his class.			25		he use to	go	to school on fo	ot v	vhen he was		
	A good	В	better	С	best		-	ung?	D	Was	_	Did
13	She was wearing a	an e	expensive Italia	n	coat		~	Does	D	vvas	C	ЫU
	A new		•									