


MAKING *New* YEAR'S RESOLUTIONS

1 Read and write the correct name.

A **New Year's resolution** is a goal or a promise you make to yourself for the year ahead. It's a fun way to change your life for the better. We asked children around the UK about their **New Year's resolutions!**



I promise to eat fewer sweets and crisps because I want to lose some weight. I also want to learn a new skill, too, so I'm going to take piano lessons!



Judy, 12, Birmingham



I've made a few New Year's resolutions to help me have a successful year. I will try to study harder this year so that I get better marks. I will also try to get fit this year, so I'll start playing rugby for my school team!



Tom, 11, Glasgow



I will try to go to bed earlier and not stay up late worrying about exams. This year, I want to do some voluntary work in my neighbourhood! I think helping others will be fun and I'll be making a difference, too!



Bill, 12, Swansea

This year I will save my pocket money so that I can buy a nice present for my little brother. I also promise to spend less money on computer games and more time with my friends! I will try to be nicer to my little brother, too!



Ann, 11, London



This person wants to ...

- 1 give up junk food.
- 2 improve at school.
- 3 be careful with money.
- 4 get more sleep.
- 5 learn how to play a musical instrument.
- 6 see their friends more often.
- 7 do something nice for people near where they live.
- 8 take up a sport.

Judy

2 What are your New Year's resolutions? Think and tell the class.

