

**CAREER
PATHS**

Physician

Assistant

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Express Publishing

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qhs



ac



pc



QOD



Observation – Patient Medications –

Brighton Central Hospital

Paul White

Mr. White requires hydrocortisone **QOD**.

Robert Green

Give Mr. Green 200 mg of acetaminophen **TID**.
These should be taken **ac** with water.

Greg Anderson

Mr. Anderson requires injections frequently – **QID**.
If his heartbeat is irregular, give him a 25 cc injection of lidocaine **stat**.
Notify the physician on call right away.

Anne Smith

Mrs. Smith can have ibuprofen **PRN**. She must take it **pc**, so bring
some food with it. She should also take her antibiotics **qhs**.

Carol Thompson

Ms. Thompson needs steroid injections **BID**, in the morning and night.
Her I.V. drip should be exchanged **q h**.

Get ready!

1 Before you read the passage, talk about these questions.

- 1 What are some common frequencies for administering medicine?
- 2 Why should PAs study all the abbreviations for medicine frequencies?

Reading

2 Read the patient and medication list. Then, mark the following statements as true (T) or false (F).

- 1 Mr. Green should take his heart disease pills after eating.
- 2 Ms. Thompson needs steroid injections three times per day.
- 3 Mr. Anderson has a condition that could require immediate attention.

Vocabulary

3 Match the words (1-5) with the definitions (A-E).

- | | |
|--------------------------------|--------------------------------|
| 1 <input type="checkbox"/> QID | 4 <input type="checkbox"/> BID |
| 2 <input type="checkbox"/> QOD | 5 <input type="checkbox"/> TID |
| 3 <input type="checkbox"/> PRN | |

- A given three times per day
- B given every other day
- C given twice per day
- D given as needed
- E given four times per day

4 Write a word that is similar in meaning to the underlined part.

- 1 Get that medication immediately! _ t _ _
- 2 Take this medicine when you go to bed. _ _ s
- 3 Give Mr. Aimes his meds before he eats. _ _
- 4 Administer these pills once every hour. _ _
- 5 Be sure the patient gets her dosage after she eats. _ _

5 Listen and read the patient and medication list again. How can medical personnel note that medication should be taken before or after meals?

Listening

6 Listen to a conversation between a doctor and a PA. Choose the correct answers.

- 1 What change do the speakers make to Ms. Reed's medication?
 - A She must take it with food.
 - B She must take larger doses.
 - C She must take it more often.
 - D She must take it as she goes to bed.
- 2 When should Mr. Grey take his blood thinner?

A before bed	C twice a day
B before meals	D three times a day

7 Listen again and complete the conversation.

Doctor: Alan, do you 1 _____ ?
I'd like to review patient meds.

PA: Sure. Which patients are you thinking of?

Doctor: Let's start with Ms. Reed. She's just on ibuprofen, correct?

PA: Right. I have her on 200 mg, 2 _____ .

Doctor: Hmm ... She probably needs more. 3 _____ .

PA: Will do. Who else can I 4 _____ ?

Doctor: Mr. Grey. What are his meds?

PA: He's taking a blood-thinner 5 _____ .

Doctor: Great. Make 6 _____ , too.

Speaking

8 With a partner, act out the roles below based on Task 7. Then, switch roles.

USE LANGUAGE SUCH AS:

I'd like to review ...
She probably needs ...
Make that ...

Student A: You are a doctor. Talk to Student B about:

- patient medications
- changes in frequency
- whether to give medication with food or not

Student B: You are a PA. Talk to Student A about patient medications.

Writing

9 Use the conversation from Task 8 to fill out the patient medication chart.

**Brighton
Central Hospital**

Patient Medication List

Patient: _____

Medication: _____

Frequency: _____

Patient: _____

Medication: _____

Frequency: _____