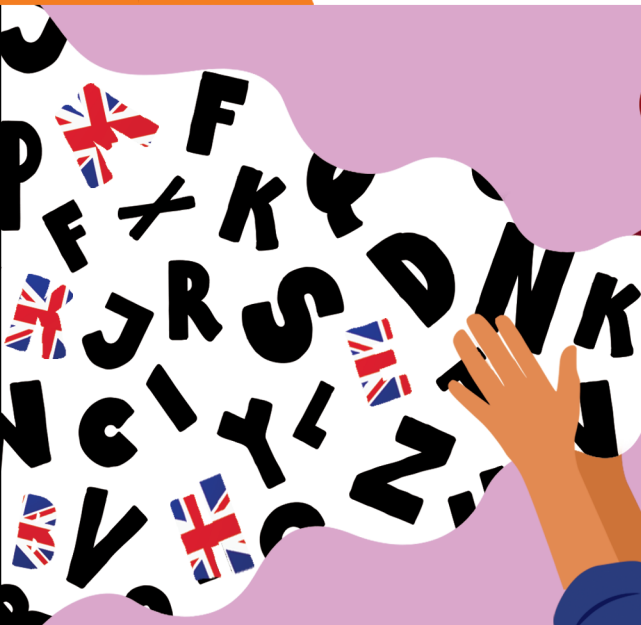
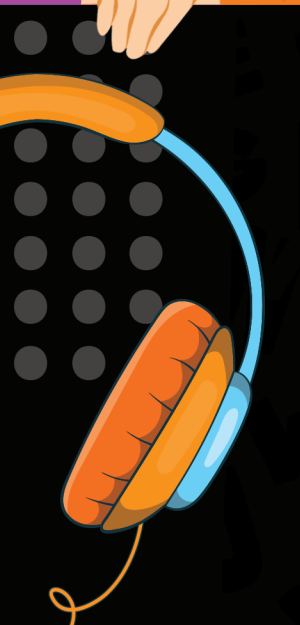




LISTENING AND SPEAKING

Skills



3

Cliff Parry



Express Publishing

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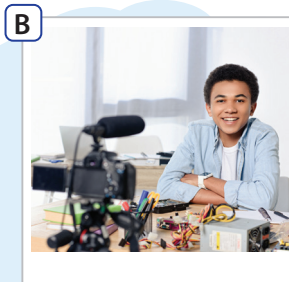
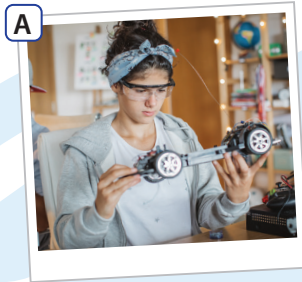
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Things we do in our free time

- learn about things we do in our free time
- listen to two friends talking about their plans for the weekend
- talk about how we spend our free time

1 Match the pictures (A-F) to the words (1-6).

- | | | |
|-------------------------------------|---------------------------------------|-----------------------------------------|
| <input type="checkbox"/> 1 collect | <input type="checkbox"/> 3 go jogging | <input type="checkbox"/> 5 build models |
| <input type="checkbox"/> 2 hang out | <input type="checkbox"/> 4 keep fit | <input type="checkbox"/> 6 video blog |



2 Listen and repeat.

3 Match the words on the left (1-6) to the words on the right (a-f).

- | | |
|---------------------------------------|---------------------------------|
| <input type="checkbox"/> 1 collect | a a model spaceship |
| <input type="checkbox"/> 2 hang out | b stamps |
| <input type="checkbox"/> 3 go jogging | c about music, food etc. |
| <input type="checkbox"/> 4 keep fit | d in a park |
| <input type="checkbox"/> 5 build | e with friends |
| <input type="checkbox"/> 6 video blog | f in a gym |

4 What do you do in your free time? Talk with a classmate.

- Do you collect anything? • Who do you hang out with? • Do you go jogging?
- How do you keep fit? • Do you like building models? • Do you video blog?

5 Listen to two friends talking about what they are doing this weekend and decide if the sentences are true or false.

	true	false
1 Sue plans to hang out with her friends.		
2 Mark will go to the shopping centre.		
3 You can become a member of the gym at the shopping centre.		
4 Mark likes action films.		
5 Sue will go to the museum with her granddad.		

6

Talk with your classmates.

- What are your plans for the weekend?
- What would you like to do this weekend?
- Some people say it's important to spend some of your free time alone. Do you agree?

7

How do you spend your free time with your family? What do you like doing together? Discuss with a classmate.

8 Read the following statements. What do you think? Do you agree or disagree with them? Tell the class.

- I would like to have more free time.
- Everybody should have a hobby.
- I prefer to spend my free time alone.

9 Look at the photographs. They show different ways of spending your free time.

- Talk about the people and places.
- Talk about how useful these activities are.
- Talk about which activities you would like to do in your free time.



10

Look at the photographs in Ex. 9 again. You would like to make a centre for young people in your town. Talk with your partner about what activities young people in your town would like to do and which they would find the most interesting.

Reflection

How are you feeling?

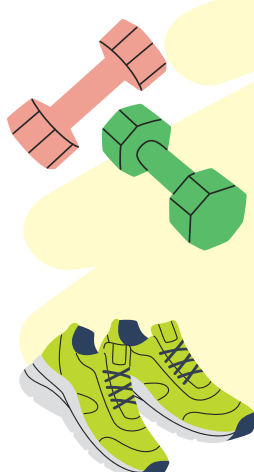
- 1 I'm feeling fine. I'd like to listen and speak a bit more.
- 2 I'm feeling good. I'll spend a bit of time studying this at home and then I'm ready for something new.
- 3 I'm feeling great. I'm ready to learn some new things.

☆	☆☆	☆☆☆
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

- learn the names of different people in sport
- listen to someone talking about the London Marathon
- talk about different kinds of champions

1 Match the pictures (A-F) to the words (1-6).

- | | | | | | |
|---|----------|---|------------|---|--------|
| 1 | champion | 3 | cyclist | 5 | team |
| 2 | coach | 4 | goalkeeper | 6 | player |



2 Listen and repeat.

3 Complete each gap with the correct form of one of the words in Ex. 1.

- 1 He's the best runner ever. He's a real _____.
- 2 Our _____ was disappointed when we didn't win the game.
- 3 This part of the road is for _____ only. You can't drive or park a car here.
- 4 In football, the _____ must catch the ball.
- 5 I'm not very good at basketball and I was surprised when they asked me to join the _____.
- 6 To enter the football competition, you need five _____.

4 Answer the questions.

- 1 What is an Olympic champion?
- 2 What is the difference between a good and a bad coach?
- 3 How many of your friends play in a team?
- 4 Would you like to be a goalkeeper? Why (not)?
- 5 How many players are there in a basketball team?

5 Talk with your classmates.

- What does *champion* mean?
- What does it take to be a champion in sport?
- Do you think anyone can become a champion if they practise hard?

6 Listen to someone talking about the London Marathon and decide if the sentences are *true* or *false*.

	true	false
1 The London Marathon is one of the world's most famous marathons.	<input type="checkbox"/>	<input type="checkbox"/>
2 Yalemzerf Yehualaw is from Kenya.	<input type="checkbox"/>	<input type="checkbox"/>
3 Marcel Hug completed the marathon in 2:24:38.	<input type="checkbox"/>	<input type="checkbox"/>
4 There were more than 40,000 runners.	<input type="checkbox"/>	<input type="checkbox"/>
5 The oldest runner came from Japan.	<input type="checkbox"/>	<input type="checkbox"/>
6 A lot of people run in the marathon to help others.	<input type="checkbox"/>	<input type="checkbox"/>

7 Listen again and correct the sentences that were false.

8 Talk with a classmate.

- There are champions in sport and champions in life. What do we mean by a champion in life?
- We should always try to do our best at home, at school or at work. Do you agree?
- Talk about a champion you admire. Why do you admire him/her?

9 Look at the photographs. They show different kinds of champions. What kind of champions can you see? Why are they champions?



Reflection

How are you feeling?

- 1 I'm feeling fine. I'd like to listen and speak a bit more.
- 2 I'm feeling good. I'll spend a bit of time studying this at home and then I'm ready for something new.
- 3 I'm feeling great. I'm ready to learn some new things.



<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

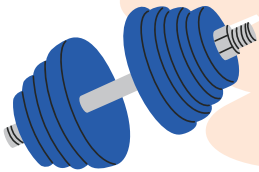
Sports II



- learn the names for different sports
- listen to someone talking about the advantages of doing sport
- talk about sport for people of different ages

1 Match the pictures (A-F) to the words (1-6).

- | | | |
|-----------------------------------|---------------------------------------|---------------------------------------|
| <input type="checkbox"/> 1 diving | <input type="checkbox"/> 3 ice hockey | <input type="checkbox"/> 5 kayaking |
| <input type="checkbox"/> 2 boxing | <input type="checkbox"/> 4 squash | <input type="checkbox"/> 6 volleyball |



2 Listen and repeat.

3 Match the sports to the equipment.

Equipment	Sports
<input type="checkbox"/> 1 wetsuit, mask, snorkel, fins	a squash
<input type="checkbox"/> 2 gloves, punching bag, headgear	b volleyball
<input type="checkbox"/> 3 skates, gloves, sticks, helmet	c diving
<input type="checkbox"/> 4 racquet, ball	d ice hockey
<input type="checkbox"/> 5 helmet, boat, paddle	e kayaking
<input type="checkbox"/> 6 net, ball	f boxing

4 Which of the sports in Ex. 1 can you play in a rink? ring? court?



5 Ask a classmate.

- Which of the sports in Ex. 1 do you play/would you like to play? Why?
- Which of the sports do you think are dangerous?
- Which are team sports?



6 Talk with your classmates.

- What sports do you play? • When did you start? • Why do you like it/them?
- What sport would you like to play? • Why do people stop and start sports?
- What are the advantages of team sports?

7 Listen to a talk about the advantages of playing sport and complete the notes that follow.

There are 5 main advantages:

- Fitness – exercise helps us have a **1)** _____ lifestyle.
- Life skills – we can learn to deal with **2)** _____ .
- Success at school – get better **3)** _____ .
- Teamwork – helps others do their **4)** _____ .
- Feel confident – feel better about your **5)** _____ .

8 Look at the notes in Ex. 7 again. Talk about how important each one is and decide on the three most important advantages. Discuss in groups.

9 Tell the class. Read the following statements. Which ones do you agree with? Why?

- 1 PE (Physical Education) is an important lesson at school.
- 2 I really enjoy PE lessons at school.
- 3 PE lessons for boys and PE lessons for girls shouldn't be the same.
- 4 At school, the PE lesson is always the same. We don't learn about different sports.
- 5 My PE teacher helps me feel confident when I practise sport.

10 Look at the photographs. They show people who would like to start a sport. What sports could they do?



Reflection

How are you feeling?

- 1 I'm feeling fine. I'd like to listen and speak a bit more.
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- 3 I'm feeling great. I'm ready to learn some new things.

☆	☆☆	☆☆☆
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<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

LISTENING AND SPEAKING

3

Skills

LISTENING AND SPEAKING SKILLS 1-3 series combines the very best in modern classroom practice with first-hand knowledge of the challenges students face. These stimulating, topic-based books cover the complete range of familiar topics for students at CEFR Levels A1-B1 and provide extensive practice in common listening and speaking activities at these levels in 10 modules of three units each. Language work and vocabulary development is fully integrated in each unit.

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- audios (downloadable)
- key (downloadable)

